



Explore the Island Pleasures Tucked in the Caribbean

The Cayman Islands, nestled in the temperate and scenic Caribbean, are a paradise retreat for celebrities and vacation travelers across the world. Three English-speaking islands, Grand Cayman and its sister islands, Little Cayman and Cayman Brac, are small communities just an hour south of Miami secluded in the pristine Caribbean Sea. Local weather is tropical, with warm and rainy summers and cool, dry winters. Whether you're trying to beat the winter blues, seeking a romantic or honeymoon get-away, looking for the ideal trip for the entire family or just in need of some down-time from urban stress and job tension, the Cayman Islands offer warmth, laid-back comfort and utter serenity.

Discover an Underwater Paradise

The sister islands are best known for their diving and snorkeling rated one of the leading five destinations in the world. The islands are home to some of the most magnificent fish-covered coral reefs and dramatic drop-offs imaginable, being a favored spot for underwater photographers for years on end.

Each island composes the flattened tip of Cayman Ridge, a sub-sea mountain range. This formation provides unique opportunities for both shallow and wall diving. Both small party diving excursions and submarine rides help you intimately explore Atlantis and its underwater wonders. Submarine rides plunge as low as 60 feet deep, while semi-submarines offer a full, 360-degree view through well-protected glass within air-conditioned comfort.

Onshore Recreation and Relaxation

The pristine waters and secluded locale leave your mind and body refreshed and invigorated. Island water sports offer plenty of entertainment, with year-round recreation ranging from paddle boats and cats to sun searcher floats, banana boat and sailboat rides. For the more adventurous traveler, this sexy resort retreat has some of the best ocean kayaking and windsurfing against ideal weather conditions.

Ashore, you can relax in a luxurious water-front hotel, secluded villa or condo. The Cayman Islands are also drenched with rich, exciting attractions. It's pleasant climate make it the ultimate setting for bicycling, golf, running, cricket and horseback riding. Enjoy a day on the go, then pamper yourself in one of the island's world-class spas.

Island Cuisine is influenced by its wondrous heritage, delighting your taste buds with Jamaican favorites like curry and jerk along with extraordinary seafood, lobster, fresh fruits, breadfruit, plantain and cassava. The main island has more than 150 restaurants serving native, American, German, Mexican, Italian and other delicacies, as well as fast-food and snack outlets with subs and hamburgers.

When the sun sets, the nightlife comes alive with dazzling Caribbean color. The Islands are home to a range of events and hot spots, from the gritty jazz sessions, nightclubs, steel band concerts and Pirates Week festivals to sophisticated cultural events, local theater and fine dining.

It's never been a better time to explore the hidden treasures of the Cayman Islands. To find the hospitality and travel deals, visit Vasrue.com Travel, today.

Clinton Douglas IV, write about travel for
<http://travel.vasrue.com>
For a free Trip Quote see Travel by Vasrue.com
Download this article for free via Adobe PDF at:
